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FCS Newsletter March 1990

School of Family & Consumer Sciences

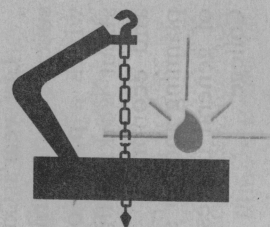
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News & Views



March 1990

Volume XXVIII

SCHOOL OF HOME ECONOMICS • EASTERN ILLINOIS UNIVERSITY, CHARLESTON, IL 61920

Norma Harrison reviews 21 years

Norma Harrison's 21 years in Home Economics at Eastern have chronicled many changes, she recalls as she plans for retirement in May.

In 1969 Eastern had 7,887 students, a number that grew to the present 10,427 through planned, controlled growth. Several new buildings and programs have expanded and diversified the campus.

At Eastern, teacher education traditionally was the major focus, in comparison to the current emphasis on business and the variety of other curricula. Research and service did not receive a great deal of emphasis or funding. Today somewhat more importance is given to research.

Harrison remembers Charleston of 20 years ago as "mainly rural, with little urban emphasis, and students who

identified with downstate events, trends and lifestyles."

In Home Economics, the majority of the 268 students were preparing to teach, and programs were less diversified. The first dietetics student graduated Fall 1969, and programs in Home Economics and Business were developed later, including Consumer Affairs, Fashion & Merchandising, and Hospitality Services.

Harrison has taught a number of foods courses, as well as her current speciality in the clothing and textiles area. After a year as assistant to Dr. Mary Ruth Swope, she began teaching in Fall 1970. The Home Economics Department became a School in late 1966, and in 1984 became a part of the College of Applied Sciences, with Industrial Technology, Oc-



Norma Harrison demonstrates an industrial type serger that helps keep students on "the cutting edge" of new techniques.

cupational Education, and ROTC.

Letters requested

Both Norma Harrison and her husband, Charles, in Speech Communication, will

be honored at a joint retirement dinner on May 7 for faculty in Home Economics and Speech. Graduates, students, friends and colleagues

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- Spanish books teach nutrition

Did you know.?

• School of Home Economics Spring 1990 enrollment of 666 majors-612 undergraduate majors and 38 graduate majors-tops all previous records. The inter-disciplinary M.A. in Gerontology program has 16 students.

• A record 2548 students are in home economics classes according to Spring 1990 enrollment figures. That is 244 more than Spring 1989 and over 450 more than Spring 1988.

• The 29 Master of Science

graduates in School of Home Economics in academic year 1988-89 (Fall, Spring, Summer) set a new record.

• Carol Armstrong, Robert Butts, Dr. Jayne Ozier and Dr. Jim Slavik have been certified as Family Life Educators by the National Council on Family Relations.

• Dr. Joyce Crouse, Assistant Dean/Chair, was one of 95 persons in the nation selected for the prestigious Harvard University Management Development Program

in summer 1989. A comprehensive, intensive two week program, it "provides an opportunity for growth, renewal and development of new insights into management in higher education."

• Karen Younger M.S. '89 received the Betty Wright Downey Scholarship, awarded by the University to a graduate student in the health sciences on the basis of scholarship, leadership and potential as a health professional.

Eastern provides IHEA leadership

The School of Home Economics is providing leadership for the Illinois Home Economics Association at the state and district levels. State officers for 1989-90 include President-Elect, Mary Lou Hubbard; Vice President for Program, Carol Reis; Secretary, Jim Slavik; Treasurer, Kay Woodward; Student Adviser, Gayle Strader; and Student President, Judy McNally.

District IV officers for

1989-90 include President, Laurent Gosselin; Secretary, Lucy Campanis; Vice President for External Relations, Russe Ann Weber; Co-Chair of Program, Jean Dilworth.

As all of the IHEA officers continue to move home economics forward into the 90's, the School of Home Economics is pleased to have so many individuals who are willing to give their time and expertise.

Coming Events

COMMENCEMENT: May 12, August 5, December 9

HOME COMING: Alumni Reception: October 13

PARENTS' WEEKEND: Reception: November 3

Eastern students attend fashion seminars

Forty-six Fashion Merchandising students eagerly arrived at the chartered bus for the 6 a.m. departure from campus to attend the Chicago Fashion Group's Student Seminar and Design Contest Style Show held at the Chicago Art Institute last November.

The students listened and learned from Stanley Horwitz, Chicago's Wedding Consultant; Judy Niedermaier, Visual Merchandiser with international experience, and other panel members from the business world. The highlight of the day was best expressed by senior student, Gregg Babbs, "The most informative part of the whole day was listening to Robert Comstock. This designer telling about his struggles when starting his business was very inspiring."

Robert Comstock designs leather

"The trip inspired me to strive harder than I had ever imagined."

Traci Olson

garments and jeans with Native American beading and weaving accents. His company is based in Boise, Idaho, and his garments are sold in better department stores. The passion he displayed for his work was very motivating for students to have courage to pursue the life work which will be enjoyable for them personally.

Traci Olson from Hoffman Estates,

IL summarized the trip this way, "The trip inspired me to strive harder than I had ever imagined. Hearing the speakers' success stories and advice helped me realize what I need to do to succeed on my own. I can't wait to go back next year!"

Eleven Fashion Merchandising students attended Purdue's Retailing Seminar and Career Day February 6 and 7th. The students attended concurrent sessions and presented resumes to individual company managers. Neiman-Marcus, Gant, K-Mart Apparel, and Kinney's Shoe Corporation were some of the companies present during the two day event.

The students were accompanied by Dr. Mary Lou Hubbard and Jean Dilworth.

Jean Dilworth

Dean's student advisory council

The Dean's Student Advisory Council provides an opportunity for student input and assistance to Dr. Barbara Richter Hill, Dean of the College of Applied Sciences.

Student representatives are nominated by the faculty and selected by the Dean from program areas within the Schools of Home Economics and Technology, the Career Occupations Program and the Department of Military Science.

The 1989-90 School of Home Economics representatives to the Council are Cathy Graham, Home Economics Education; Catherine Ingersoll, Dietetics; Dana Krapf, Home Economics in Business (HEIB)/Consumer Affairs; Kelly McAuliffe, HEIB/Foods & Nutrition; Jennifer Schulte, Family Services; Star Taylor, HEIB/Fashion & Merchandising; and Dana Zilinski, HEIB/Hospitality Services.

Projects in which the Council has been involved have included an on-campus student recruitment activity in the University Union and hosting a December holiday reception.

Last year's Council sponsored a very successful "International Symposium" at which a panel of professionals spoke about working in today's global society and economy. This year's Council is planning another such program on a topic of general interest to all students in the College.

-Martha Brown

Class project results in job offer

When Kathi Knox handed in a project in the Communications in Home Economics class last spring, she did not imagine where it would lead.

To help students "survive" the 13 class projects, the instructor encouraged them to select one idea to promote throughout the semester. Knox's projects featured the Ramada Inn's Thelma Keller Convention Center in Effingham, IL, projects which put her career on a fast track.

Knox recalls her instructor Jean Dilworth's comments, "Kathi, this is professional level work. Take it to

the managers of the convention center and ask for a position as public relations or promotion manager." The success story continued. When Knox showed her work to the manager and the owners, she was hired within the hour to work weekends while in school and to continue working in the summer. This semester she is completing her internship at that location and has a promotion waiting when she graduates.

A Home Economics in Business-Hospitality Services Major, she is the daughter of Leonard and Jean Knox of Mt. Zion, IL.

Ridgway elected officer

Eastern Home Economics major Sherri Ridgway was elected vice president at the WIM conference in Chicago February 22-24.

The seven-state WIM (Wisconsin, Illinois, Indiana, Iowa, Michigan, Minnesota and Missouri) is the only regional home economics conference for students in the nation. The conference theme was "1990: Balancing the Future." Fifteen Eastern students attended, with a total of approximately 125 students from 15 universities.

Keynote speaker Gloria Reyes is a member of the Eastern School of Home Economics Advisory Council. Theresa Stretch, Eastern dietetics graduate spoke on "Balancing Your Food," in one of the sessions in which students rotated to hear all three speakers.

Other such sessions focused on "Balancing Your Finance" and "Balancing Your Fashion." Students were enthusiastic about the tours they attended as part of the conference, visiting Chicago area agencies and business.

'Anchors Away with SHEA'

"Anchors Away with SHEA" was the theme of the organizational meeting for the 1989-90 school year. Dr. Martha Brown and Dr. Joyce Crouse welcomed the large crowd. The Presidents of each area introduced their officers. The officers then performed a rap session about SHEA.

Eastern Illinois University is proud to have the largest Student Member Section in the nation with a total of approximately 150 members. Eastern is always well represented at state and national home economics meetings.

Each SHEA group has monthly meetings with interesting speakers, fun activities, and refreshments. A November sale of books donated by students and faculty offered texts and other books at bargain prices. The book sale was

co-sponsored by Kappa Omicron Phi home economics honor society.

During the holiday season, we gathered for fun and festivities at Santa's Workshop in December. Talented students and faculty gave demonstrations on crafts, holiday decorations and foods.

We would like to thank the 1989 SHEA officers and congratulate the 1990 SHEA officers:

Consumer Affairs/-Hospitality/Foods, Nutrition & Dietetics

Vicki Wroblewski - President

Tricia Neislein - Vice President

Tracey Starkey - Council Representative

Christine Kennen - Membership

Eleanor Niemann - Publicity

Family Services/Education

Cathy Graham - President
Sherri Ridgway - Vice President

Kelsey Besse - Membership
Heidi Daniels - Publicity

Fashion Merchandising

Liz Watson - President

Jody Klenn - Vice President

Susan Mottaz - Membership

Traci Olson - Publicity

-Beth Reed

Eastern students head IHEA student offices

Two Eastern students were elected to offices in the Illinois Home Economics Association (IHEA) Student Member Section at the annual IHEA Conference in November. Congratulations to the new IHEA officers for 1990, Cathy Graham, chair, and Martha Price, representative-elect. Many Eastern representatives attended.

Kappa Omicron Phi wins merit award

Eastern's Kappa Omicron Phi chapter received a national merit award for its 1988-89 annual required program. Kappa Omicron Phi is a nationwide home economics honor society whose purpose is to recognize and encourage scholastic excellence, develop leadership ability, and foster professional activities and interest.

Twelve students became new members in the KOØ annual initiation ceremonies in November. Eligibility for membership is based on scholarship, leadership potential and personal qualities. Initiation into Kappa Omicron Phi requires second semester sophomore standing, a cumulative grade point average (CGPA) of "B" or better in at least 8 semester hours of home economics courses and an overall CGPA of 3.0 on a 4.0 scale. New initiates are Jeanne Pranger, Karen Wesselmann, Kelly Peters, Christine Kennen, Jane Having, Arrah Slichenmyer, Jodi Klenn, Missy Wolfe, Cathy Graham, Sherri Ridgway, Julie Green, Lori Mayer.

At meetings Kappa Omicron Phi members have guest speakers and other learning experiences, as well as business and social activities. Fund raisers and service activities are part of KOØ programs. One special project is to raise money for Crossnore School in the mountains of North Carolina. The school is entirely supported by various organizations such as KOØ.

Officers for 1989-90 are Judy McNally, President; Catherine Ingersoll, Vice President; Star Taylor, Secretary; Kathi Knox, Treasurer; Amy Colbrook, Ceremonies; Sherri Strohm, Ways and Means; and Beth Reed, Publicity. Sponsors for Kappa Omicron Phi are Edith Hedges and Dr. Jayne Ozier.

-Beth Reed

Price receives double honor

Martha Price, now a sophomore in Home Economics with Teacher Certification, was twice named Student Senator of the Semester, for Spring 1989 and Fall 1989 semesters. This double honor is quite unusual, especially to be selected as a freshman and to repeat the following semester. She was recognized for increasing student involvement in campus elections and for reinstating a program to improve communication among student senators and the Charleston City Council. From Oblong, IL, Price is very interested in communications, public policy and education in a variety of contexts.



left, Dr. Pat Stein, and Susan Maurer

Two new faculty members bring local angle to campus

Two new faculty members in the School of Home Economics, Dr. Pat Higgs Stein and Susan Goekler Maurer, grew up within commuting distance of Eastern.

At St. Elmo High School, Stein's career choice was greatly influenced by her high school home economics teachers who were all Eastern graduates. She received her bachelor's and master's degrees at Southern Illinois University-Carbondale. Her career has taken her to Brazil for six months with the the United Nations Food Development Project, back home with the Cooperative Extension Service, high school and junior high teaching in Cobden, IL, and to Bowling Green State University in Ohio and Georgia College in Milledgeville, GA.

At Eastern she teaches household equipment, home management and other consumer courses. Her biggest news is that in January she became Dr. Stein with the successful defense of her doctoral dissertation at the University of Georgia. Stein is married, with two daughters, four

and six. Her family enjoys camping and traveling. They are looking for land and hope to build a house within the next year or so.

Susan Maurer is teaching at the School of Home Economics on a part time basis for the second time. With two home economics degrees from Eastern, Susan lives with her husband, Bill, and their three children near Marshall, IL. Following graduation in 1981 she managed the Magic Kitchen store in Honey Creek Mall in Terre Haute. Since then she has done some substitute teaching in Marshall, as well as teaching at EIU. Last fall she was an instructor in Infant Development and this spring moved next door to the Child Development Laboratory.

During the last two years she and her husband have restored a hundred year old farm house that was once owned by his grandparents. She helps with a small farming operation and enjoys crafts and her herb garden.

-Bob Butts

Advisory Council meets

Future directions in the areas of family services, hospitality, consumer affair-and fashion-consumer affairs were the focus of the Oct. 13 meeting of the School of Home Economics Advisory Council, Susan Nied presided.

The Council members were divided into working groups, with faculty members as facilitators and recorders. Discussion topics included suggestions for meeting the needs of college graduates as they enter various career areas.

The morning coffee and luncheon were prepared and served by students in the Institutional Foods class under the direction of instructor Beth Reutter.

In the afternoon session, Council members continued their discussion on educational needs. The Spring Council meeting will be April 6.

Council members include: Harold Arbetman, Royal Companies, Chesterfield, MO; Dr. Sandra Eardley, SIU School of Medicine, Springfield, IL; Jane Elmore, Illinois Department of Public Aid, Springfield, IL; Theresa Fields, Villa Grove High School, Villa

Grove, IL; Patti Frigo, graduate student in the School of Home Economics, EIU; Larry Graham, Bruning Division of AM International, Inc., Charleston, IL; Melissa Haglund, General Manager of Gantos, Indianapolis, IN; Stan Hamilton, Heartland Federal Savings and Loan, Urbana, IL; John Harland, Mahomet-Seymour Community High School, Mahomet, IL; Bonnie Kruse, St. Anthony Hospital, Effingham, IL; Dolly McFarland, Charleston High School, Charleston, IL; Susan Nied, Kitchens of Sara Lee, Deerfield, IL; Bea Perisho, Quaker Oats, Danville, IL; Nancy Renshaw, Carle, Urbana, IL; Gloria Reyes, owner of Reyes Productions, Bloomington, IL; Trina Mohrbacher Solomon, Winnetka, IL; Shirley Swartz, Dietetics Internship Director, St. John's Hospital, Springfield, IL; Jane Thomas, Consumer Information Coordinator of the National Live Stock and Meat Board, Glen Ellyn, IL; Linda Warmoth, Holiday Inn East, Springfield, IL; and Denene Wilmeth, Executive Director of the Decatur Area Convention and Visitor's Bureau, Decatur, IL.

Norma Harrison retires

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are encouraged to send letters and cards for Mrs. Harrison to Gayle Strader at the School of Home Economics. Strader and Beth Reutter will prepare a book of the cards and letters for presentation at the dinner.

Harrison describes today's students as representing more urban and suburban perspectives, with an "entirely different atmosphere: more cosmopolitan, greater diversity of problems and increased opportunities."

Clothing and textiles now emphasize the consumer and textiles, with less emphasis on clothing construction. High schools stress occupational sewing rather than sewing for self. "Our assembly line procedures, utilizing equipment similar to industrial

equipment, such as the serger, help educate for the future," she noted.

Harrison expressed appreciation to the students, faculty and administration "for the challenges and opportunities and personal growth" she has experienced. "My colleagues and students" stimulate her fondest memories of Eastern.

Future plans include moving to Florida to be near their daughter, Denise, and family, as well as volunteer work in the church and community.

In the reflections of times past, we are grateful to Norma Harrison for her quiet effectiveness, her quality teaching and her sincere concern for others. We appreciate her many contributions, long remembered by those whose lives she touched.

-Ruth Dow

Faculty are active in service, research

Selected contributions listed

C. Armstrong: Presentations: "Who's in Charge", Teens in Touch Program, EIU

"Sexual Development in Children", Foster Parents Training Program, Dept of Children and Family Services, Charleston.

"The Brady Bunch or Cinderella and The Wicked Step-Mother", Citizens Against Child Abuse, EIU

"Forgiveness and the Effect on Relationship", Intervarsity Christian Fellowship, EIU

Research: "Assessment of Clergy Counseling Preparation and Practice in Charleston-Mattoon," funded by Council on Faculty Research

Treasurer, Illinois Council on Family Relations

Executive Board, Illinois Council on Family Relations

Executive Board, WIM

Family Life Education Certification

M. Brown: Chairperson, 1989 Women's Expo/Health Fair Workshop Committee, EIU

Secretary, Illinois Nutrition Association

B. Butts: Member, Coles County Mental Health Alternative Living Board

Member, United Methodist Student (Wesley Foundation) Board of Directors

Registrar, Illinois Council on Family Relations Conference

Vice President and President Elect, Illinois Council on Family Relations

Conference Organization, "The Family and Ethical Dilemmas," Iowa Council on Family Relations, Augustana College and Illinois Council on Family Relations

Presenter, "Dealing with Loss and Grief", Hospice Training Session

L. Campanis:

Project Coordinator, Illinois Department of Children and Family Services day care provider training project

Presenter, "Computer Skills in Administration and Teaching" presented as a segment of a workshop, "Developing a Preschool Practicum in the Home Economics Department," at The Pennsylvania State University

Proposal reviewer for the Statewide Day Care Resource and Referral Project, funded by the United Way

Secretary, IHEA District IV

Secretary, Home Economics Education Council of Illinois

J. Dilworth: IHEA District IV Program Co-chair

R. Dow: Book reviewer, *Journal of Nutrition Education*

Vice Chair, Council on Graduate Studies, EIU; Steering Committee, EIU Study of Graduate Education; Co-Chair of Academic Policies and Procedures Committee

"Costa Rican Perspectives," presentation, Retired Teachers Association

Research: Interrelationships of Perceived Physical Fitness, Actual Physical Performance, Food Attitudes, and Food Related Behavior of Selected College Students.

Speaker and consultant, "Educación Nutricional y el Programa, La Superación de la Mujer," (Nutrition Education and Improving Quality of Life for Women), Community Development Seminar, Alfalit, International, Inc., Cali, Columbia.

Invited Panelist, "Farm Chemicals in Food," EIU Connection, WEIU-TV.

Speaker, "Simulation Explores Hunger Issues and Answers," Eastern Illinois Dietetic Association

L. Gosselin: IHEA District IV President

Illinois Council on Family Relations, past president and legislative chair

Illinois Home Economics Association, ad hoc Committee on Minority Development

Presenter: "Making Art: The Young Child's Experience", Lakeland College

Presenter: "Family Wellness: A New Assessment Approach", ICFR, Arlington Heights

Presenter: "Teenage Pregnancy", Charleston Schools

Illinois Broadcasters Association 1989 Silver Dome Award for Excellence in Broadcasting

M.L. Hubbard: President-Elect, Illinois Home Economics Association

Presentation at IHEA District VI meeting "Trends Influencing Home Economics" Carbondale

National Committee—Resource exhibits for national conference of the Association of College Professors of Textiles and Clothing

B. Reutter: Presenter, "Hotel Sanitation Regulations and the Incidence of Sanitation Related Disease: Are there Implications?" Annual Council on Hotel, Restaurant, Institutional Educators, Las Vegas, NV

C. Ries: Reviewer, *Journal of the American Dietetic Association*

Co-presenter, "Knowledge Regarding Current Dietary Recommendations," Society For Nutrition Education Annual Meeting

Co-presenter, "Disordered Eating, Stress and Feelings of Failure Among Illinois College Women," Society For Nutrition Education Annual Meeting, July, 1989 and the Illinois Home Economics Meeting, November, 1989

"Developing a Strategy For Understanding Adolescent Nutrition Concerns," co-author, *Adolescence*, 1989

Presenter, "Nutrition For the Growing Child," Veterans Administration Medical Center

Moderator, Research Presentations, Society For Nutrition Education, Annual Meeting

Board of Editors, *Journal of Nutrition Education*, 1990-1992

Directed Research Award

J. Slavik: Secretary, Illinois Home Economics Association

Presenter "Male administrators of home economics programs," AHEA annual meeting, Cincinnati

Family Life Education Certification

P. Stein: Presenter, "Parents as International Students: Higher Education Organizations Meeting The Dual Role Needs," 8th International Conference on New Concepts in Higher Education, Costa Rica

G. Strader:

Student Adviser, IHEA; Member: Attorney General Hartigan's Advisory Council and Consumer Education Subcommittee

IHEA, Executive Board 1989 Conference Committee, Policies and Procedures Committee, Certification/Tracking Committee, IHEA-SMS Executive Board

Panel Member, "Food, Environment, and Development in East Central Illinois", World Food Day

"Space Age Food", Charleston 4-H

"Helping Students Get the Jobs they Want", Business Teachers "Professional Image", Women in Communication

"Space Age Families", Area Home Economics Teachers

R.A. Weber: IHEA District IV Vice President for External Relations

K. Woodward: Treasurer, Illinois Home Economics Association.

Richter Hill attends Kansas seminar

Dr. Barbara Richter Hill, Dean of the College of Applied Sciences, was on a three-month educational administrative leave Fall semester at Menninger's in Topeka, Kansas. She attended a week-long executive seminar, "Toward Understanding Human Behavior and Motivation," at Menninger's Center for Applied Behavioral Sciences.

Hill did a practical experience as an alcohol and drug abuse trainee in the Alcohol and Drug Abuse Recovery Program, a specialized unit of the C.F. Menninger Memorial Hospital. A unique aspect of the program is the Menninger

team approach to treatment.

The School of Home Economics has developed courses in nutrition and in the area of the family which address alcoholism and chemical dependency. These courses are "Nutrition and the Addicted Person" and "Addiction and the Family." The latter course is scheduled for Summer 1990. See the back page. A New and Expanded Program Request for an interdisciplinary minor in Alcohol and Substance Abuse has been forwarded for consideration to the Illinois Board of Higher Education.

A knocking at the door...

Spanish books teach nutrition

As we sat down to dinner in Guatemala City, we heard a timid knocking at the door.

"Who is it?" I asked my friend.

"A little boy asking for bread," she replied, as she returned to the door with a few pieces of bread. Throughout the night sounds of knocking, sounds real and imagined, haunted me. Who was knocking at my door?

In the midst of desperate

economic times, Guatemalans, like millions of Latin Americans, struggle day by day to survive. The faces of hunger were not merely strangers on TV. They were real and immediate. Who was knocking at my door? How could I help?

I was in Guatemala in January to give a nutrition seminar to Guatemalan leaders who then work with people in their own communities and rural areas. Working with Alfalit, an adult literacy organization in Latin America, is one way to be involved. I also have worked in Costa Rica several times and in Colombia,

South America.

Last summer Costa Rican literacy leaders asked me to write a 32 page booklet about teaching nutrition. Published in October, *La Enseñanza de Buena Nutrición para Todos* (Teaching Good Nutrition for All), includes basic nutrition concepts, practical nutrition education techniques and a few recipes using economical, nutritious foods available in most of Latin America.

The book is being used by teachers and leaders in 12 Latin American countries and is being translated into Portuguese for use in Brazil. In

Argentina, segments of the book were read daily on the radio.

A 24-page companion book, *La Buena Alimentación para Todos*, (Good Nutrition for All) was published in February specifically for use with low literacy adults. Although designed for Latin America, both books can be used by Spanish speaking persons in the United States. The programs of Alfalit focus on adult literacy, basic adult education, and total health for individuals and families.

I have been invited to go to Bolivia, Ecuador, and Peru next

summer to give more nutrition workshops, practical, "hands on" courses and to assist in other ways with the literacy program.

As I remember the hungry child knocking at the door, I think of my new friends who are now better equipped with materials, knowledge and skills to reach out to children, youth and adults. Outstretched hands, supportive hands, compassionate hands help those who hunger to help themselves and others. . . And the knocking echoes a little less hauntingly. . .

—Ruth Dow

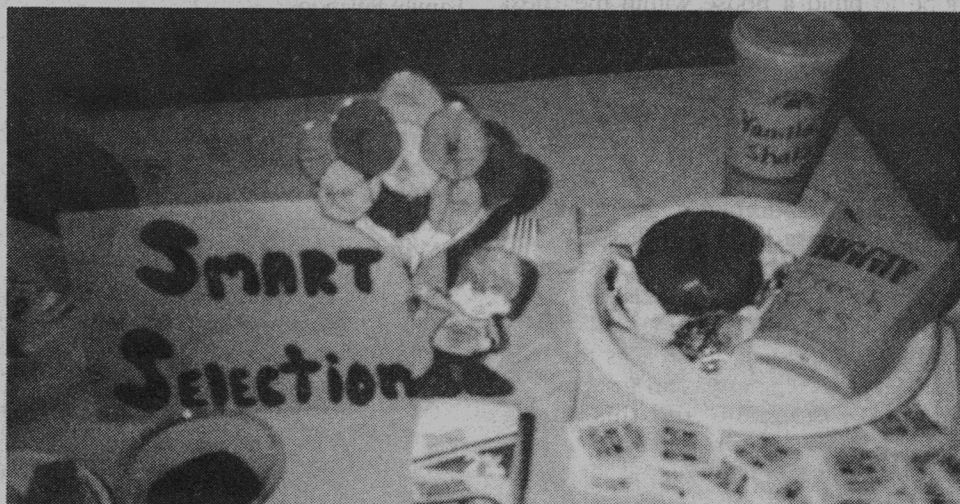
Graduate class assists Lawson Hall with F.A.N club

"The skill to do comes of doing."
—Ralph Waldo Emerson

A cooperative venture of the graduate community nutrition class and Lawson Hall leaders was a feature of the Lawson Hall "Nutrition and Wellness Month" last November. With guidance from Dr. Ruth Dow, the graduate students developed a Fitness and Nutrition (F.A.N.) Club project for the Nutrition and Wellness Month.

The purpose of the project was to increase nutrition awareness and knowledge of Lawson Hall residents, as well as improve their food selection behavior. Also, by doing the project, the community nutrition students increased their awareness and skill in needs assessment, program planning, program implementation, and evaluation procedures.

On November 14, the community nutrition students presented a 40-minute interactive program at Lawson Hall. Topics included nutritious menu choices, nutrition and exercise,



Community Nutrition class display table in Taylor Food Service during Lawson Hall "Wellness and Fitness Month."

nutritious holiday food choices, and healthful snacking.

Concurrently, the graduate students provided information on fast foods, snack foods, and holiday eating tips at

exhibit tables outside the hall cafeteria. Healthful snacks, with recipes, were also served at the display tables. These snacks were prepared by the Lawson Hall food service staff from recipes

provided by the graduate students.

On November 14 and 29 the graduate students placed labels on the cafeteria trayline, using "Smart Selection" F.A.N. Club symbols, to point out foods high in fiber, low in fat and/or low in sodium. They also emphasized foods high in nutrients (nutrient dense foods).

The graduate students made cafeteria table tents and posters to be used during the "Nutrition and Wellness" month. Lawson Hall students made more posters and mailbox stuffers, using ideas and information provided by the class, based on needs identified through a survey at Lawson Hall.

Evaluation of the project indicated that both the graduate students and Lawson residents effectively reached their objectives. Through this semester long project, graduate students gained an improved understanding of community nutrition at work.

—Missy Reed

Dean presents lecture at Chinese university

During May 1989 Dr. Barbara Richter Hill was a guest lecturer at Northwestern Polytechnic University in Xian, People's Republic of China.

Northwestern Polytechnic University is a multidisciplinary polytechnic featuring education and research in aeronautics, aerospace, and marine engineering, and integration of science, engineering, management and humanities.

Located southeast of the ancient municipality of Xian, a few miles from the Eighth Wonder of the World, the Terra Cotta Warrior Museum of the Qin Dynasty, the campus at NPU includes a graduate school, a continuing education institute, and a correspondence education institute.

NPU is considered to be both an educational center and a research center.

NPU has broadened its scope of international academic exchange activities, and since 1979 more than 300 people have been sent abroad for international conferences, cooperation in scientific and technology projects and academic development. The Eastern Illinois University School of Technology in the College of Applied Sciences has had visiting professors from NPU for the past three academic

years.

A highlight of the visit to NPU was the dinner and evening hosted by the administration to visit with professors who had either studied at Eastern Illinois University or who were visiting lectures at the University.

NPU also arranged, among many sight-seeing excursions, the opportunity to visit Beijing Institute of Technology and the city of Beijing and surrounding area. Departure from the People's Republic of China from Guangzhou to Hong Kong occurred on the day martial law was declared in Beijing.

Prior to going to the People's Republic of China, Hill spent time in Taiwan as a guest of National Kaohsiung Teachers University.

The Chair, Department of Industrial Education, received his master's degree in Technology Education from the School of Technology at Eastern.

Many professors at NKTU have received degrees from Eastern. Some hosted a dinner for professors who had attended Eastern.

It was an evening long to be remembered, Hill noted. Numerous Eastern professors have been exchange professors at NKTU.

Food Day celebrated worldwide

"Food, Development, and Environment: A Sustainable Agenda for the 21st Century" was the theme for the 1989 World Food Day. Celebrated each October 16 in recognition of the founding, in 1945, of the United Nations Food and Agriculture Organization (FAO), the world wide event increases awareness, understanding, and informed, ongoing action on the complex issues of food security.

The World Food Day Teleconference features an "International Town Meeting" on local, national, and international food, development, and environmental issues. Over 400 sites in the United States, Canada, and the Caribbean

participate in the teleconference originating in Washington, DC.

Panelists of international stature discuss global issues in the first and third hours of the conference. During the middle hour a local panel discusses similar issues from a local perspective. Area panelists were the Mattoon food pantry director, a soil conservationist, the director of the new Coles County Habitat for Humanity, and Gayle Strader, consumer specialist in the School of Home Economics. Dr. Ruth Dow was panel moderator.

Dow was invited by the World Food Day Committee to write a portion of a World Food Day users' manual based on the

local observance, which she has coordinated for the last four years. Others in the university and community who assist with World Food Day include Kay DeLong ('79 and '83), home economics teacher at Charleston Junior High, and Mike Strader, Peace Meal Senior Nutrition director. Each year participation by local schools and community groups increases.

We prepared a handout with many suggestions of ways individuals and groups can respond to local, national and global food security and environmental issues. Single copies of the handout are available upon request.

Graduate students' research varied

Michelle A. Callan, adviser C. Ries, Nutrition Knowledge, Attitudes, Interests, and Behaviors of High School Wrestlers, 1987. Data collected from 70 high school wrestlers through a self-administered questionnaire indicated that the participants were not very knowledgeable about nutrition for athletes. Most ate poorly or not at all prior to a weigh-in and many used potentially dangerous methods to lose weight. Those who were more knowledgeable about nutrition tended to eat a variety of foods and more kilocalories prior to a weigh-in. Most received nutrition information from coaches and trainers, indicating an importance for these persons to be well-informed.

Ronna White Albritton, adviser L. Gosselin, An Examination of Caregiver Variables and the Relationship to Caregiver-Child Interactions in Day Care Centers, 1989. The purpose of this study was to examine self-reported caregiver background and attitude variables and the relation to caregiver interactions. Data were collected from

caregivers in licensed day care centers using questionnaires and classroom observations. Caregivers had attained the required level of education, had experience in the field, had a high retention rate, and received low wages. Discrepancies were found between intended and observed behaviors, particularly communication behaviors and guidance techniques. The study suggests that minimal educational requirements, licensing standards, and positive caregiver attitudes do not insure the optimal development of children in day care centers.

Deborah J. Fairow, adviser K. Woodward, Disordered Eating, Stress, Failure, and Nutrition Knowledge Among College Women, 1989. The purpose of this study of college women was to: 1) determine prevalence and degree of eating disorder behaviors, 2) identify sources of stress and feelings of failure, and 3) assess the level of nutrition knowledge. A self-report questionnaire and telephone interviews were used to collect data. Compulsive eating (1% of the

subjects) and emotional eating (16%) were found to be related to feelings of failure and emotional stress, but not to nutrition knowledge.

Linda D. Simpson, adviser M. L. Hubbard, Influences, Parental Selection Factors, and Parents' Feelings on Preschool Children's Clothing, 1989. The parents of preschool children completed questionnaires to respond to the purpose of this study: to examine and describe the influences of peers, parents, siblings, and the media on the preschool child's clothing selection. Variables included income (dual or single), mother's age, and yearly household income. Findings indicated that: 1) mothers were the most influential people on children's clothing selection, 2) most parents shopped at discount stores, 3) comfort was the most important selection factor, 4) most parents spent less than \$50 per month on the child's clothing, more than on themselves, and 5) parents would buy a designer outfit for the child rather than for themselves.

Two outstanding alumni selected

Shirley Harder, Marilyn Brengle receive honors

Marilyn S. Brengle and Shirley Harder were honored with the ninth annual Home Economics Outstanding Alumnus Awards during the fall Home Economics awards ceremony.

Due to the outstanding qualifications of both awardees, for the first time, two awards were presented.

Marilyn Brengle received a bachelor's degree in home economics from Eastern Illinois University in 1972. She is currently employed by the University of Illinois in the Cooperative Extension Service in Edgar County. She has been in that position since 1976, developing and implementing programs to meet the changing needs of individuals and families.

Brengle served as a consultant in the development of the video, "Afraid to Say No," a discussion of teen sexual activity and pregnancy in Edgar County.

Other activities include establishment of peer counseling programs in county

high schools, development of educational programs for homemakers with limited resources, and development of a "learn-by-mail" program on financial management.

Brengle's professional contributions have also been recognized by the National Association of Extension Home Economists, which presented her with the Florence Hall Award in 1989.

Other grants and awards have been received from the Illinois Association of Extension Home Economists, the Illinois Department of Children and Family Services, and the American Home Economics Association.

As she recalls her education, Brengle notes, "I really feel the strength of Eastern's School of Home Economics program, the quality of students and education, is the direct reflection of the faculty's commitment to the students and the profession of home economics."

Shirley Harder, a home economics teacher at St. Elmo High School, received her bachelor's degree from Eastern in 1957. She has been active as an FHA adviser at the local, regional, and state levels.



Shirley Harder, left, and Marilyn Brengle right, are presented the Home Economics Outstanding Alumnus Award by Dr. Joyce Crouse.

Her belief that teaching is one of the most important jobs in the world has led to involvement in educational concerns at the state level in addition to enhancing education in her own classroom.

"My goals are to be the best home economics teacher...and give my students a 'fun,' valuable life skill education," Harder states.

She was named the 1989 Illinois Vocational Teacher of the year at the Illinois Vocational Home Economics Teachers Association annual meeting. She is also active in many professional organizations, in home economics and education.

The recipients each received a cash award and an engraved plaque. Their names

are listed on a permanent plaque in the Home Economics Education Center with eight other distinguished alumnae: Anita Dowler Fiedler, Alice Koenecke, Margaret Price Weber, Geraldine M. Piper, Barbara L. Owens, Annie Moore Scott, Genevieve Lesemann Crouse, and Helen Devinney.

Lucy Campanis

The **Giffin Scholarship** was established in 1978 by the late Mrs. Dorothy Giffin Dinesen of Casey, IL to recognize "outstanding students" in home economics. Scholarships are awarded annually on the basis of scholastic achievement, leadership, and professionalism. The 1989-90 recipients of the Elsie and Erson Giffin Scholarship, shown with Dr. James Giffin, brother of Mrs. Dinesen, are from left: Star Taylor, Judy McNally and Cathy Graham. McNally also received the University's prestigious Livingston C. Lord Scholarship (see article) and the PTA Scholarship. Taylor also was awarded the Rudolph Anfinson Scholarship.



From left, Karen Scott, Donna Lynn Connelly Memorial Scholarship; Pamela Guebert, Ruth Gaertner Scholarship (dietetics); and Catherine Ingersoll, Eileen F. Hubbard Scholarship. Ingersoll also received the Student Attainment Award and an American Dietetic Association Scholarship.



1989 FACULTY EXCELLENCE AWARDS

Eastern Illinois University
Of 42 University Awards for Excellence in Teaching, Service and/or Research the following are from the

SCHOOL OF HOME ECONOMICS

**Carol Armstrong
Ruth Dow
Laurent Gosselin
Gayle Strader
Kaye Woodward**

McNally awarded Lord Scholarship

Judy McNally, home economics major in teacher certification, received the prestigious Livingston C. Lord Scholarship at spring commencement ceremonies. Selection is based on recipients' potential for outstanding success in their chosen fields.

Service to Eastern and the community include the presidency of the Illinois Home Economics Association Student Member Section, delegate to the American Home Economics Association Annual Meeting, SHEA publicity chair for Family Services/Education, and serving as president of Kappa Omicron Phi, home economics honor society.

From Wheaton, McNally is also in the University Honors Program, which requires additional honors course work, as well as independent study and thesis. She was recently named a PTA Scholarship recipient. She anticipates graduate study in foods and nutrition after graduation in December 1990.

Each Lord Scholar receives a \$2,500 scholarship, a gold medal and a certificate. The Livingston C. Lord Scholarship is the only student award regularly presented at commencement by the president of the university. The award was established in memory of Lord, Eastern's first president, from 1899-1933.

One Lord Scholar is chosen from each of the six undergraduate colleges at Eastern.

Harder named Vocational Teacher of the Year

Shirley Harder, a 1957 home economics graduate of Eastern Illinois University, was named Illinois Vocational Teacher of the Year at the 1989 annual meeting of the Illinois Vocational Home Economics Teachers Association. Harder has taught home economics at St. Elmo High School since 1965. The Teacher of the Year award honors the professional commitment and involvement that she has demonstrated throughout her years as a home economics teacher.

An adviser to St. Elmo's Future Homemakers Association, Harder has been actively involved in FHA at regional and state levels. She also received a state honorary FHA-HERO award given to people who work with youth organizations.

In addition to FHA, Harder has been active in professional home economics organizations. She is a

The teacher of the year award honors the professional commitment and involvement that she has demonstrated throughout her years as a home economics teacher.

member of the American Home Economics Association, the Illinois Home Economics Association, The Illinois Vocational Home Economics Teacher Association, the National Association of Vocational Home Economics Teachers, and Kappa Omicron Phi.

Other professional memberships include the American Vocational Association, the Illinois Vocational Association, the National Education Association, the Illinois Education Association, and the St. Elmo Classroom Teacher's Association.

A major recent activity was coordinating the 1989 Illinois

Vocational Home Economics Teacher Association Conference.

In addition to activity in professional organizations, Harder is on the Illinois Curriculum and Planning Committee through Illinois State University, the Illinois State "Family and the Future" Committee, and the Illinois State Nominating Committee for State Association Officers.

In her position at St. Elmo, Harder has taught a variety of courses, including: Home Economics Orientation, Food Services, Child Care and Development, Clothing Retail Management, and Adult Living: Parent and Consumer Education. Throughout her years

as a classroom teacher, she has seen many changes. Two major ones involve the skills she teaches and the makeup of her classes. At the beginning of her career, she was required to teach skills related solely to the home and family. Today's skills also include those needed to enter the workplace after high school.

When she started teaching, classes consisted of girls only, but now male students out-number females.

The deep and sincere interest Harder takes in her students, her effectiveness as a teacher, and her commitment and involvement in her profession all contributed to her selection as the number one vocational teacher in Illinois. We in the School of Home Economics are proud of Shirley Harder's achievement!

-Lucy Campanis

Connelly scholarship developed

Bill and Millie Connelly of Hinsdale have established a scholarship fund at Eastern Illinois University in memory of their only daughter.

Donna Lynn Connelly, a Home Economics major in the Hospitality Services concentration in the Home Economics in Business Option, was injured in a traffic accident in front of Old Main in August 1989. She was unable to recover from her injuries, and her family established this scholarship in memory of Donna.

Recipients of this scholarship are selected on the basis of the following criteria: must be a deserving female student attending Eastern Illinois University; must be a sophomore, junior or senior in good academic standing. Consideration will be given to majors in Home Economics or Business; however, other majors may apply. Applications will be received during spring semesters, and awards will be presented in the following academic year.

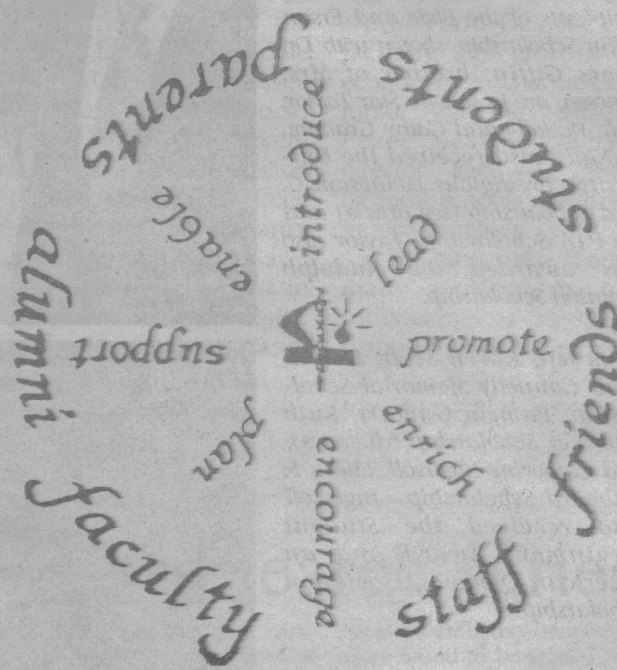
This year's recipient is Karen Scott. She is a Home Economics major in the Consumer Affairs concentration in the Home Economics in Business option. From Normal, she is the daughter of Mr. and Mrs. Richard Scott.



1989-90 Outstanding Seniors, from left: Star Taylor, Fashion & Merchandising; Molly Kasher, Consumer Affairs; Jennifer Schulte, Family Services; Catherine Ingersoll, Dietetics; and Kathi Knox, Hospitality Services.



Graduate award recipients are from left, Mee Young Kim, Gerontology Award; Diana Lluch, Bernie and Nellie McNabb Graduate Scholarship; and Patti Frigo, School of Home Economics Graduate Scholarship. The two graduate scholarships are based on scholarship, leadership and service.



Hospitality program continues steady growth

Dramatic growth has occurred in Hospitality Services, which currently has 221 majors, an increase of 46 since last year. Initiated in Fall 1986 as an area of concentration in the Home Economics in Business Option, the program continues to grow rapidly. Its popularity reflects increasing employment demand in the hospitality industry. Jobs are readily available for graduates, and future projections are for continued expansion in the

industry.

Hospitality Services students Robert Robbins and Mike Materie were honored with students across the nation in the National Restaurant Association "Salute to Excellence" dinner in Chicago last May.

In a similar program, Outstanding New Young Professionals will be designated and recognized by the National Restaurant Association at their Annual Meeting on May 22.

Two School of Home Economics students will receive this honor. Kathi Knox, from Mount Zion, IL, the daughter of Leonard and Jean Knox, and Paul Snyder, son of Robert and Paula Snyder of Charleston, will represent Eastern Illinois University. Kathi is a graduating senior and Paul is a sophomore in the program. Dr. Kaye Woodward and Beth Reutter will accompany the students to the Chicago convention.

Fifth annual telefund

Telefund '89, the fifth annual telefund for the College of Applied Sciences, saw significant changes from previous years. In April, 1989 Stephen C. Falk joined the university as the new Vice President for Development. In July Arthur Rathjen was appointed Assistant Vice President of Development and assumed responsibility for all university telefund efforts. The Development Office has been working to update, upgrade, and integrate development and alumni activities.

A major change for Telefund '89 was the decision to contract with a professional telemarketing firm to do the actual calling. Students from EIU were hired and trained by this firm. This decision was made with the approval of the Dean and her

Administrative Council, including Dr. Crouse as Assistant Dean/Chair of School of Home Economics. Although the final figures are not available, there is every indication that Telefund '89 will be as successful as last year's record-setting effort, if not another record-setter itself.

The support of parents, friends, and alums of the School of Home Economics benefits our programs in many ways. The financial gifts provided increased student scholarships and awards, professional development activities for students and faculty, and the acquisition of equipment and other resources which otherwise would not have been possible.

-Martha Brown

LET US HEAR FROM YOU!

Name _____

Maiden name _____

Degree _____ Option _____ Grad. date _____

Address _____

Phone _____

Professional/personal news of interest:

Alumni News

Kathryn A. Ferrell, 1969, B.S., Home Economics Education, 3012 Lakewood Ct., Jefferson City, MO 65109, is employed at Monga Insurance Trust.

Janet Collins Cruse, 1970, B.S., Dietetics, 130 Froman Drive, Mt. Carmel, IL 62863, is a hospital clinical dietitian.

Janet Stroud Burnett, 1973, B.S., Family Services, 1424 Lantz Court, Edwardsville, IL 62025, is a Child and Family Specialist at Madison County Cooperative Extension Service and is on the East St. Louis Local Planning Council for L. Campanis' and J. Ozier's Child Care Providers Project.

Martha Florence Daughtery, 1975, B.S., Home Economics Education, School of Education, Georgia College, Millidgeville, GA 31061, is a doctoral student at the University of Georgia; is on leave from Georgia University where she taught in the School of Education and directed the Kindergarten laboratory.

Frances Murphy, 1976, B.S., Home Economics Education, 1981, M.S., Department of Home Economics, Pittsburg State University, Pittsburg, KS 66762, received a PhD from Texas Women's University in August 1989 and is an assistant professor of child development at Pittsburg State.

Kim Leverenz Brubaker, 1977, B.S., Dietetics, 2580 Orchard Run Rd., Dayton, OH 45449, is an instructor in the Dietetic Technician program at Sinclair Community College, Dayton.

Karen James Chowdhury, 1979, B.S., Dietetics, 4502 Mariner Drive, Rowlett, TX 75088, works for Sysco Foods.

Donna McHugh Franzonia, 1979, B.S., Dietetics, 251 W. Ward Pl., South Orange, NJ 07079, is completing academic and supervised practice requirements for dietetic registration.

Debbie Kramer Grabner, 1979, B.S., Dietetics, 2345 Martin, Florissant, MO 63033, is a dietitian at Anderson Hospital, Maryville, IL.

Georgette Kreitem Tsangarides, 1979, B.S., Dietetics, GP2, P.O. Box 5632, Manama Bahrain, Arabian Gulf, is the first and only dietitian at the American Hospital in Bahrain.

Kathy Brinberry Fitzpatrick, 1980, B.S., Dietetics, 1981, M.S., 606 Albert, Cape Girardeau, MO 63701, is a dietitian in corporate wellness and other programs.

Joan McGovern, 1981, B.S., Family Services, 10937 S. California, Chicago, IL 60655, received a M.S.W. in 1986 from the University of Illinois, qualified as a Certified Social Worker, and is an elementary school social worker and self employed as a home health social worker.

Kristy Reynolds, 1975, B.S., Dietetics, 1983, M.S., 2912 Shelby, Mattoon, IL 61938, is an Illinois Department of Public Health dietetic surveyor in extended care facilities and hospitals.

Lisa Burgess Henderson, 1983, B.S., Family Services, P.O. Box 436, Salem, IL 62881, works for the Illinois Department of Children and Family Services.

Kris Klingbeil, 1982, B.S., Family Services, 1984, M.S., #4 Norman D. Acres, Troy, IL 62294, is Therapeutic Day Care Outreach Worker for Children's Home and Aid Society, East St. Louis, and is on the East St. Louis Local Planning Council for L. Campanis' and J. Ozier's Child Care Providers Project.

Sue Reuter Wolan, 1982, B.S., Family Services, 1984, M.S., 810B. Country Club Parkway, Mt. Laurel, NJ 08054, is General Ledger Supervisor for the Rocking Horse Daycare.

Margaret Lennarson Fauley, 1984, B.S., Dietetics, 1985, M.S., 2015 S. Finley Rd #309, Lombard, IL 60148, is a clinical dietitian in the oncology unit at Hines VA Hospital.

Mary Pelker Gray, 1984, B.S., Dietetics, #5 Lakeland Blvd, Belleville, IL 62221, is Dietary Staff Specialist for Springwood Associates.

Mary Ann Moore, 1984, B.S., Dietetics, 1985, M.S., 5016 Wolf Road, Western Springs, IL 60558, is a dietitian at the Diabetes Treatment Centers of America at Mercy Hospital in Chicago.

Joy Semelka, 1985, B.S., Dietetics, 1986, M.S., 906 Hickory Road, Ocala, FL 32672, is a hospital dietitian, working toward her own private practice.

Rhonda Bingham, 1986, B.S., Home Economics Education, 12160A Vivacito Walk, St. Louis, MO 63146, is a college textbook marketing Representative for Harcourt-Brace-Jovanovich Publishing Co.

Cheryl Rademacher Cooper, 1986, B.S., Dietetics, 1423 Boeger, Westchester, IL 60154, is a clinical dietitian at Hines VA Hospital.

C. Jared, 1986, M.S. in Dietetics, 3130 Pecan Lake #105, Memphis, TN 38115, is a clinical dietitian.

Christy Layton, 1986, M.S. Dietetics, 4204 Gravois, Apt. 4, St. Louis, MO 63116, is a dietitian with the Missouri Mental Health Dept.

Dana M. Murphy, 1986, B.S., Home Economics Education, 2544 Selkirk, Springfield, IL 62702, is Nutrition Program Coordinator for Bunn Capital Company, working with the test kitchen and computer software program.

Paula Hickox Partlow, 1986, B.S., Dietetics, 1988, M.S., 1640 Johnson Rd., 124B, Petersburg, VA 23805, was a renal dietitian in Topeka, KS until recently moving to Virginia.

Donna Chestnut, 1987, M.S., Dietetics, 214 Prospect, Apt. H-86, Bloomington, IL 61704, is a dietitian at St. Joseph's Hospital in Bloomington.

Amy Richie Hertz, 1988, M.S., Dietetics, 16 Gorden Ave., Pontiac, IL 61764, is Dietetics Dept. Director at St. James Hospital in Pontiac.

Jaimette Mantoan McCulley, 1987, B.S., Dietetics, 1988, M.S., 716 Oak Hollow, O'Fallon, IL 62269, is clinical dietitian at the Scott Air Force Base Medical Center.

Judene Bell, 1988, B.S., Home Economics Education, 1989, R. 3, Box 129C, Carrollton, IL 62106, is youth adviser with the Greene County Cooperative Extension Service.

Sharolyn Everett Strader, 1988, B.S., Consumer Affairs, 1989, M.S., 1st LAAD BN, MACG-18, 1st MAW, FMF PAC, FPO San Francisco, CA 96603-8756, is with her Marine Corps husband stationed in Okinawa.

Norma Franklin, 1988, B.S., Dietetics, 1989, M.S., R. 3, Box 190, Olney, IL 62450, is working part time as a weight control instructor affiliated with St. Mary's Medical Center, Evansville, IN.

Kendra Freeman, 1988, B.S., Home Economics Education, 1989, M.S., 111 1/2 E. Main, Delphi, IN 46923, is a Cooperative Extension adviser.

Lynn Fulton, 1988, B.S., Dietetics, 1989, M.S., 41770 Margarita Rd., Apt. 2031, Temecula, CA 92390, is a hospital clinical dietitian in Wildomar, CA.

Michelle McDonald Taylor, 1988, B.S., Family Services, R. 1, Box 60, Arthur, IL 61911, teaches in the Child Care Laboratory, LakeLand College, Mattoon.

Jeannine Wakefield, 1988, B.S., Dietetics, 1989, M.S., 2530 N. Monroe, Decatur, IL 62525, is food supervisor at McKinley Terrace in Decatur.

Ken Cook, 1989, M.S., Dietetics, 7217 N. University, Apt. E-1, Peoria, IL 61614, is assistant foodservice director/chief clinical dietitian at the Christian Boehler Memorial Home.

Diane Grist, 1989, M.S., Dietetics, 620 Madison, Quincy, IL, 62301, is a dietitian at Blessing Hospital in Quincy.

Karen Kuhne, 1989, M.S., Dietetics, 924 S. Sixth St., Springfield, IL 62703, is a clinical dietitian at Passavant Hospital, Jacksonville.

Trisha Peer, 1989, M.S., Dietetics, 6610 Atlanta St., Hollywood, FL 33024, is a dietitian at the Parkway Regional Medical Center in North Miami Beach.

Did you know. . . . ?

•Dr. Laurent Gosselin was a recipient, with John Beabout, WEIU Radio-TV, of the second place 1989 Silver Dome Award for Excellence in Broadcasting for their video documentary, "Afraid to Say No." The Illinois Broadcasters Association presented the award for the video on teen pregnancies, a detailed and honest account by students, teen parents, school officials and health service personnel. Together they look at the issues and problems related to teen

pregnancies.

•Dr. Joyce Crouse, Coordinator of the MA in Gerontology Program, and Mike Strader, Director of the Peace Meal Senior Nutrition Program, were appointed to two of the four Illinois Committees planning for the 1991 White House Conference on Aging. Crouse is Vice Chair of the Public Relations, Resource Development, Materials Committee, and Strader is Vice Chair of the Local Forum Development Committee.

Eastern receives high marks

A majority of guidance counselors, regional leaders, students and graduates rate the quality of teaching at Eastern Illinois University as "Excellent/Above Average."

Eastern was also rated in the top category by a majority of its graduates

asked to rate their overall educational experiences at the university.

The survey was conducted since March 1988 by the Board of Governors, the policy-setting body for Eastern and four other Illinois universities. The survey was released late last spring.

News and Views is our way of communicating with alumni, students, parents, and others. Information has been provided by numerous faculty and students. Dr. Ruth Dow served as editor. Other committee members are Bob Butts, Dr. Lucy Campanis, Jean Dilworth, Russe Ann Weber, Patti Frigo, graduate student, and senior Beth Reed.

Kim Mikus of Student Publications assisted with layout, design, and publication. Photos were taken by Dr. Jim Slavik and others. We hope you will share your news and views with us.

SUMMER SCHOOL 1990

***ETHICS AND THE FAMILY** – HEC 3999/4999.056 (1s.h.) May 18-19. -Dr. Lucy Campanis

Values and ethics in relation to issues concerning families. Issues will include care of family members - children and aged, and nutrition and health.

RESEARCH METHODS – HEC 5900.001 (3 s.h.) June 12-15 (TWRF) and June 18-21 (MTWR) 1:00-6:00 p.m. - Dr. Jayne Ozier

Research techniques in writing, interpreting and evaluating home economics research.

PARENT-CHILD STUDY AND COMMUNITY INVOLVEMENT – HEC 4854 (3 s.h.) June 12-July 19 (MTWR) 10:30 a.m.-12:30 p.m. -Dr. James Slavik

Detailed study of parent-child interaction and community involvement: in-depth study of parent education programs, methodology, and techniques. Observation required.

ADDICTIONS AND THE FAMILY – HEC 4860 (3 s.h.) June 12-August 7 (TR) 7:00-9:30 p.m. - Dr. Laurent Gosselin

Study of the interaction effects between addicted persons and the family and significant others; educational techniques and family intervention strategies for families of addicted persons.

***HOUSEHOLDS OF TOMORROW – GLOBAL INFLUENCES IN THE NINETIES** – HEC 3998.4998.021 (1 s.h.) June 22-23 - Dr. Pat Stein

The impact of international influence on design, energy, and environmental concerns; industry mergers and acquisitions; technological advances; limitations on natural resources; and an international market on the residential equipment choices for households of tomorrow.

***YOUNG CHILDREN AND COMPUTERS** – HEC 3999/4999.021 (1 s.h.) June 29-30 -Dr. Lucy Campanis

This course will examine the effects of computer use on the development of young children. Software will be examined and evaluated in a laboratory setting to determine developmentally appropriate levels.

****BUILDING PRODUCTIVE WORKPLACES: CHANGE STRATEGIES FOR THE 21ST CENTURY** – HEC 4999.024 (1 s.h.) June 29-30 -Dr. Marvin R. Weisbord

DISADVANTAGED FAMILIES – HEC 4840.001 (3 s.h.) July 2-3, 5-6, and 9-12 - Dr. Lucy Campanis

Low income and minority group families and their values, needs, problems, and practices.

***GLOBAL PERSPECTIVES FOR FAMILIES IN THE 1990'S** – HEC 3998/4998.022 (2 s.h.) July 6-7 and July 13-14 - Dr. Mary Lou Hubbard

The workshop will focus on identification of global issues such as educational, economics, nutrition and food supply, shelter and housing, environmental concerns, family relationships, and hospitality services impacting upon individuals and families in 1990's.

FAMILY, REPRODUCTION, AND PUBLIC POLICY – HEC 4999.026 (1 s.h.) July 16-19 (MTWR) 3:30-6:50 p.m. - Dr. Patricia King

CONSUMER CHOICES IN A CHANGING WORLD – HEC 3998/4998.023 (1 s.h.) July 20-21 - Mrs. Gayle Strader

Predictions for the 1990's and beyond and the impact these projections will have on work, school, and leisure will be the focus of this workshop. The increasing concern for the environment and its relationship to consumer choices will also be addressed.

****ADULT LEARNING: PROFICIENCY AND EMPOWERMENT** – HEC 4999.037 (1 s.h.) July 20-21 - Dr. Ellen Knox

*These workshops meet on weekends following the time schedule listed below:

Friday – 6:00-10:00 p.m.

Saturday – 8:00 a.m.-12:00 p.m. and 1:00-5:30 p.m.

**These workshops meet from 9:00 a.m. to 12:00 p.m. and from 1:00-4:30 p.m. on Friday and Saturday.

Information. New and former students who plan to register for short term credit workshops and/or special courses in Summer School must apply for admission or readmission and submit adequate academic credentials, if required, at least ten (10) days prior to registering for the short term workshop or special course. Students enrolled in courses on campus and off campus at Eastern Spring semester 1990 need not apply for readmission. Students may register for these short-term courses on the central registration dates – May 4, 14 for the intersession and June 11 for the eight-week and five-week sessions. Students may also register on the first day of the workshop prior to the time the course begins (but not later than 3:30 p.m.), provided that the students have permits to register. Students may also request a mail-in registration for workshops only. Students who are not seeking a degree at Eastern Illinois University and are not former Eastern students may apply for admission as Summer Guest Students. A Summer Guest Student may enroll without submitting official transcripts.

News & Views
School of Home Economics
Eastern Illinois University
Charleston, IL 61920

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